

Shadow People

By Ryan Stacey, Chief Investigator Ontario

Shadow People, Sleep Paralysis and Alien Abductions.

What do these three phenomena have in common? In order to answer that question, we first must look at what these terms mean.



Shadow People by definition are the perception of a patch or shadow as a living, humanoid figure, particularly, as interpreted by believers in the paranormal or supernatural presence of a spirit or other entity. Additionally, there are a number of religions and legends that describe shadowy spirit beings or supernatural entities as being the staple of their folklore and ghost stories.



Sleep Paralysis is a phenomenon in which an individual briefly experiences an inability to move, speak or react during the process of awakening or falling asleep. This is often accompanied by hallucinations that involve a person or supernatural creature suffocating or terrifying the individual and

or the feeling of something lurking outside one's bedroom window.

Alien Abduction describes real memories of being taken secretly against one's will by nonhuman entities and subjected to complex physical and psychological procedures.

Is it possible that these phenomena are one in the same, or they at least play in part of one another? What if Shadow People were abducting humans and the inability to move was some sort of preliminary step to ensure these humans were paralyzed enough to prevent them from fighting back?

Remembering that the word supernatural simply relates to anything above or beyond the natural laws without scientific explanation, we can confidently accept that both ghosts and Alien/UFO activity rest hand in hand and compliment each other.

Now that we agree they are connected, are they truly one in the same or separate parts of the same process, and if so, what is the purpose?

Imagine you are lying alone in your bed in a deep sleep after a heavy dose of Nyquil, and then within a blink of an eye, hours pass and your alarm goes off. You can barely see what's in front, you find it hard to open your eyes and your vision is blurry. You simply just aren't awake enough to function properly.

Did you not sleep long enough for the medicine to wear off? It is quite a useless feeling which I'm sure all of us have felt at some point in our lives.

Now imagine the same scenario except this time you are not under the influence of any drugs or alcohol. How would you're mind react? You wake up suddenly out of a deep sleep feeling drugged but not knowing how it happened and in the midst of your panic you see a large shadowy type figure lurking over your bed. You have lost the ability to move or scream and you can't do anything about it. The only feeling you have is a strong current of electricity running through your body.

At this point it doesn't matter if this shadow is human, alien or a ghost. There is an intruder in your room,

you're about to be kidnapped and it's terrifying as hell.

Now that I have your attention, lets talk about one of my most intriguing MUFON cases from 2016.



The report came in under the Vallee Class Flyby Subcategory 1. This is one of the lowest category ratings a report could receive at its initial uninvestigated state. 10 months later, this case is still open and is now what I would consider Vallee Class Close Encounter Subcategory 4, the second most highest category rating. Currently the report evaluator sits at a 65.5% certainty that something unexplained has occurred. This is extremely higher then the average certainty of 13%. A thorough investigation has caused this report to change from possible to probable and is still ongoing.

Simply put, what started as a flashing lights outside a bedroom window on a mild night in March, turned out to be the start of a highly credible supernatural journey involving missing time, sleep paralysis, shadow figures and unexplainable markings on not just the original witness, but her two daughters as well.

All of which, showed an abundance amount of patience and have been medically reviewed by my recommendation and the most interesting part is that this information would not have surfaced if it wasn't for the witness paying out of her own pocket for regression hypnotherapy .

If you want to hear more about this case, I will have a full presentation with original documents including childhood drawings of these figures and more evidence suggesting the bridge between ghost and UFO activity at Alien Cosmic Expo in June.